



NEHRU INSTITUTE OF ENGINEERING AND TECHNOLOGY

T. M. Palayam, Coimbatore-641105

(Approved by AICTE, New Delhi and Affiliated to Anna University, Chennai)

Accredited by NAAC, Recognized by UGC under Section 2(f) and 12(B)

NBA Accredited UG Courses: AERO, CSE & MECH



4.1.2 The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga etc.

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NEHRU INSTITUTE OF ENGINEERING & TECHNOLOGY

"Nehru Gardens", Thirumalayampalayam, Coimbatore – 641 105.

ISO 14001:2004 Certified, Recognized by UGC with 2(f) & 12(B)

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AUTHENTICATION CERTIFICATE

This is to certify that the Institution has the following adequate facilities for sports, games (Indoor and Outdoor), gymnasium, yoga centre and cultural facilities.

S. No.	Sports/ Games / Gym./ Yoga	Number of Courts
1.	Volleyball	2 (Outdoor Court)
2.	Ball Badminton	1 (Outdoor Court)
3.	Football	1 (Outdoor Court)
4.	Kho- Kho	1 (Outdoor Court)
5.	Kabbaddi	1 (Outdoor Court)
6.	Basketball	1 (Outdoor Court)
7.	Table Tennis	1 (Indoor Court)
8.	Badminton	2 (Indoor Court)
9.	Carrom	1 (Indoor Hall)
10.	Chess	1 (Indoor Hall)
11.	Gym – (Boys)	1 (Indoor Hall)
12.	Gym - (Girls)	1 (Indoor Hall)
13.	Yoga	1 (Indoor Hall)

A. K. Kandas

Physical Director



P. Mani
PRINCIPAL

Dr. P. MANIARASAN
Principal
Nehru Institute of Engg. & Technology
T.M. Palayam, Coimbatore - 641 105

OUR VISION

Our Vision is to mould the youngsters to acquire sound knowledge in technical and scientific fields to face the future challenges by continuous upgradation of all resources and processes for the benefit of humanity as envisaged by our great leader Pandit Jawaharlal Nehru.

OUR MISSION

To build a strong centre of learning and research in engineering and technology.
To facilitate the youth to learn and imbibe discipline, culture and spirituality.
To produce quality engineers, dedicated scientists and leaders.
To encourage entrepreneurship.
To face the challenging needs of the global industries.

Corporate Office : 451-D, Nehru College Campus, Kuniyathur, Coimbatore - 641 008. Phone : 0422 2206148





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S.No	DESCRIPTION	NAME OF THE SPORTS	AREA (m ²)
1	Sports facilities for Outdoor games	1. Football 2. Volleyball 3. Kabaddi 4. Kho-kho 5. Ball badminton 6. Basketball	66x100=6,600 2 x (18x9)=324 13x10 =130 31x16 =496 24 x12= 288 28x15=420
2	Sports facilities for Indoor games	1. Badminton 2. Chess 3. Table tennis 4. Carrom	(13.40x6.10)x2=163.48 10 x10= 100 20x 16 = 320 10x10=100
3	Gymnasium facilities for Boys & Girls	1. Abdominal-2 2. High pulley-1 3. Low pulley-1 4. Treadmill manual-3 5. Treadmill machine - 3 6. Sitting twister-1 7. Standing twister- 1 8. Hyperextension- 1 9. Stepper -1 10. Cycle exercise -2 11. Bench press- 1 12. Platerack-1 13. High plate (1kg, 2kg, 2.5kg, 5kg, 6kg) 14. Dumbbells (1kg, 2kg, 3kg, 4kg, 5kg, 6kg) 15. Stomach belt-1 16. Barbell stand-1 17. Peck deck-1 18. Leg extension- 1 19. Lifting bar -1 20. Wands -1 21. Weight machine-1	45x 15 = 675
4	Facilities for Yoga & Cultural Activities	Yoga Hall	28x15=420

TABLE 1-INFRASTRUCTURE AND SPORTS UTILITIES

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FOOTBALL COURT



P. Mani

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VOLLEYBALL COURT





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BASKETBALL COURT



P. Mani Arasan

Dr. P. MANIARASAN
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TABLE TENNIS





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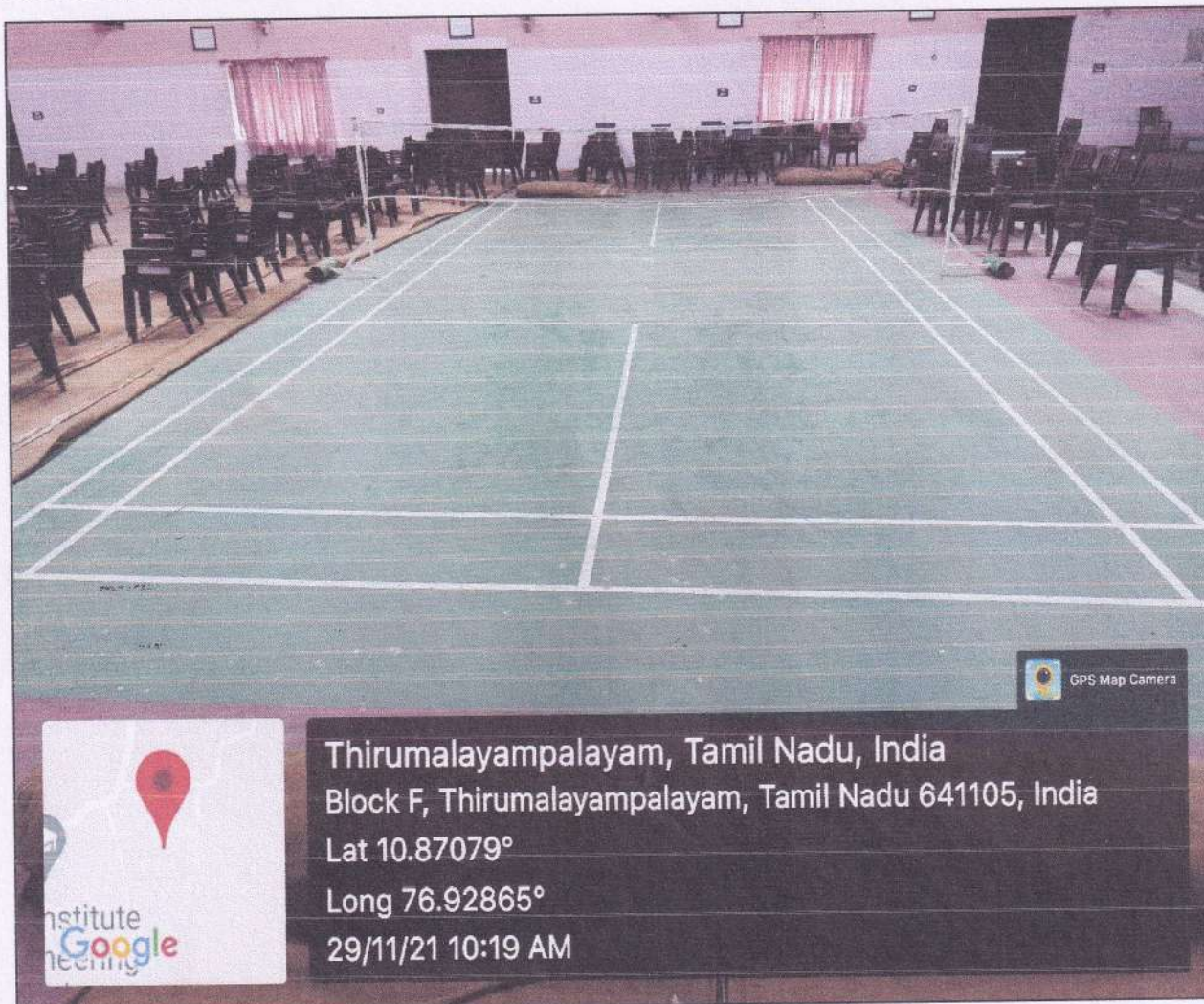
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BADMINTON COURT





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CARROMBOARD



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P. Maniarasan

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BOYS GYM





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Kaliyapuram, Tamil Nadu, India

Main Block, Kaliyapuram, Tamil Nadu 641105, India

Lat 10.867309°

Long 76.915691°

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Dr. P. MANIARASAN
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Kaliyapuram Pirivu, Tamil Nadu 641105, India
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Long 76.920551°
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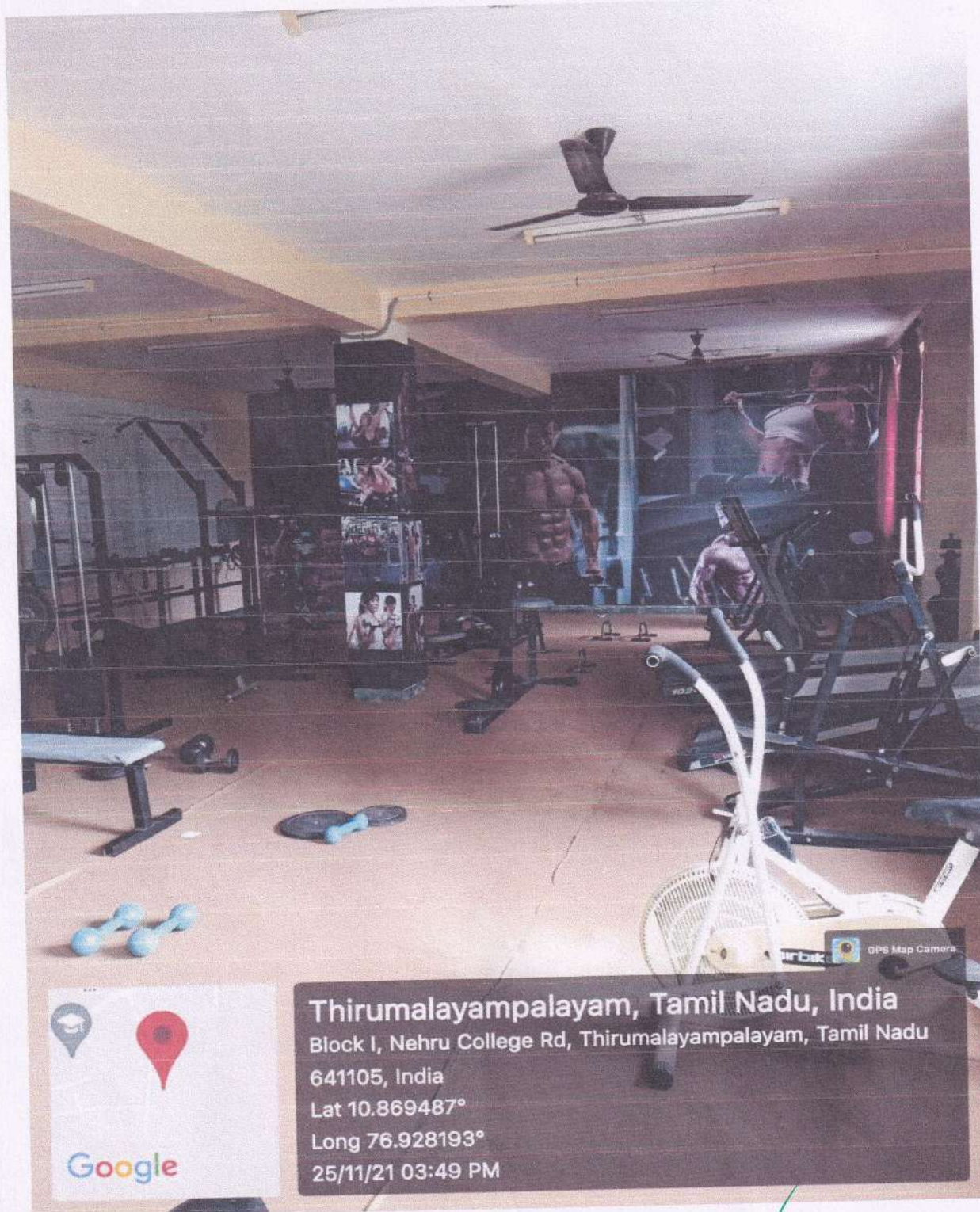
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GIRLSGYM



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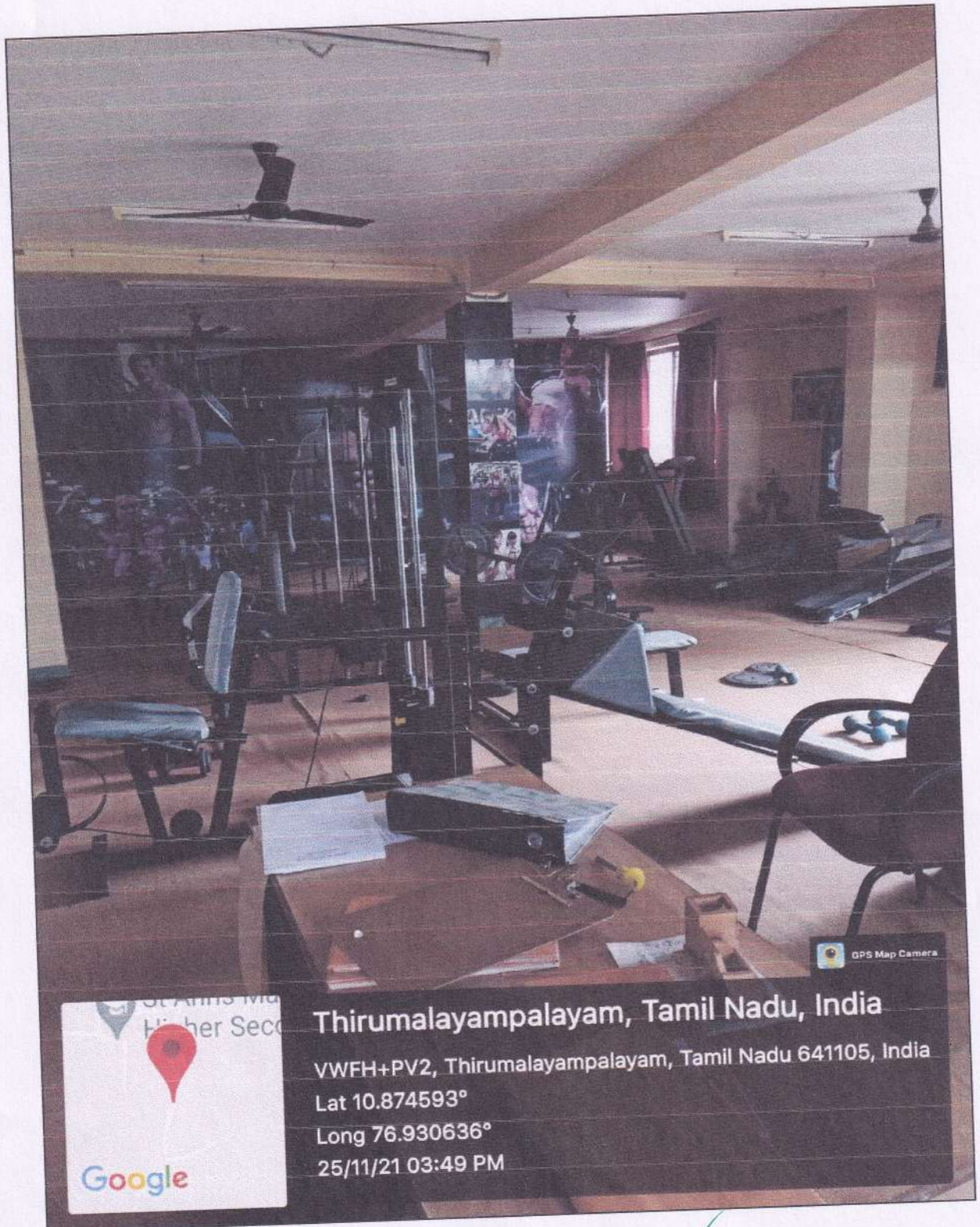
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SPORTS ROOM



Thirumalayampalayam, Tamil Nadu, India
Block G, Thirumalayampalayam, Tamil Nadu 641105, India
Lat 10.870074°
Long 76.927161°
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Cultural Activities in P.K.DAS Memorial Auditorium

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CULTURAL ACTIVITIES-PKDAS MEMORIAL AUDITORIUM






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Moulding the Future



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Block F, Thirumalayampalayam, Tamil Nadu 641105, India

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Long 76.928933°

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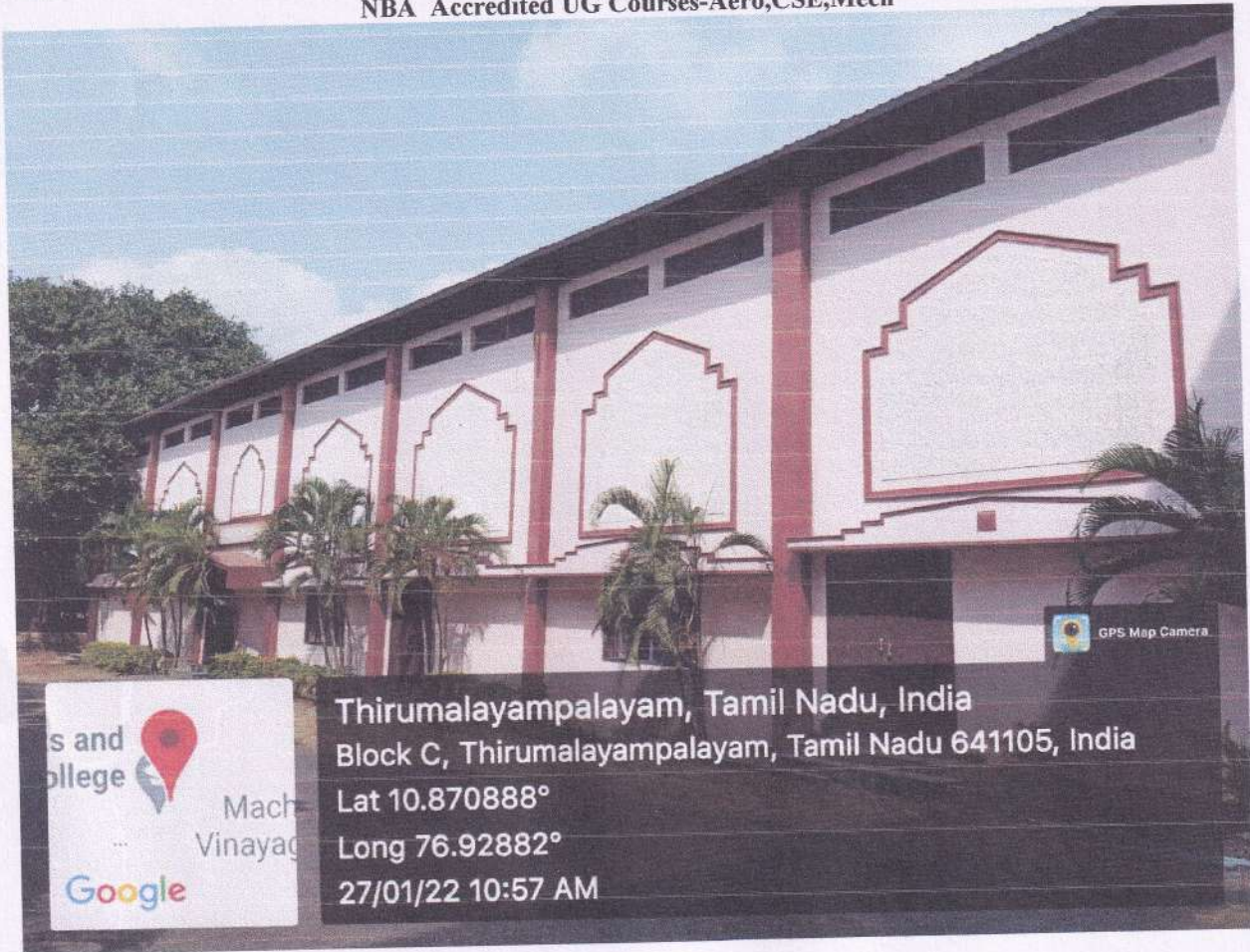
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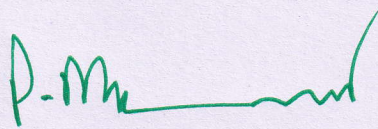


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Cultural Events



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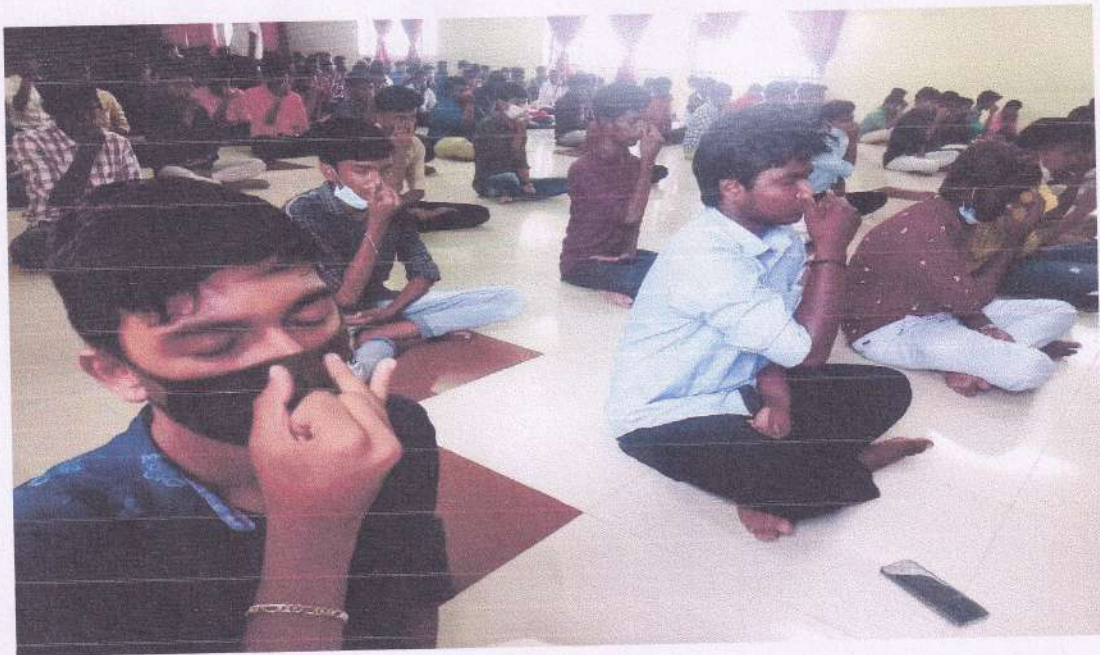
Yoga Center

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Principal

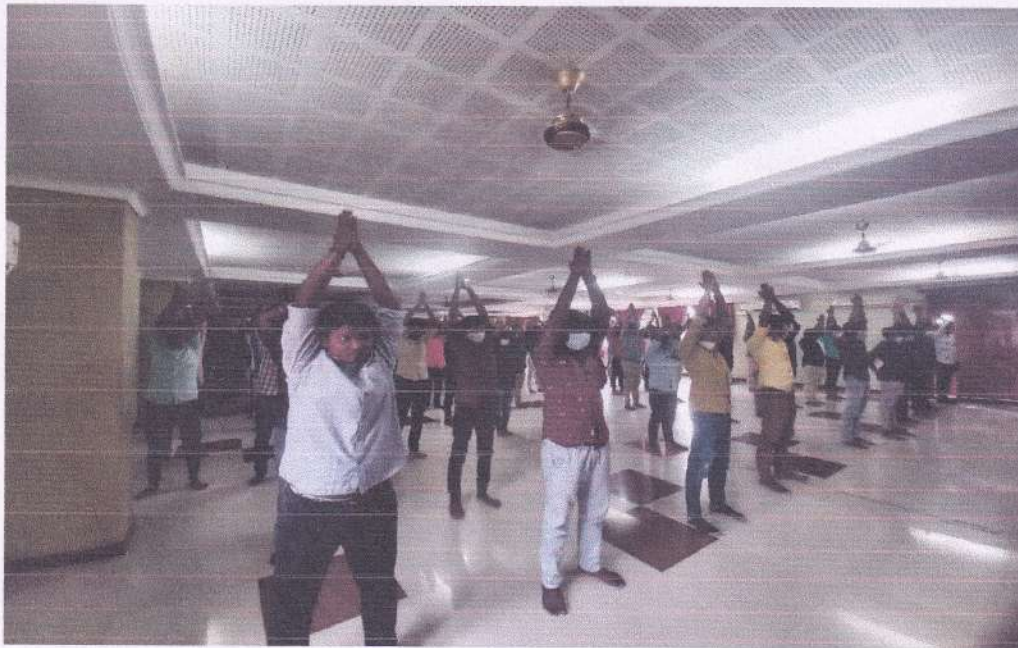
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In recent years, yoga has also become popular in the west, inspiring increasing numbers of people to come and study yoga in India in a traditional setting. There are many yoga centers in India, providing everything from in-depth courses to flexible drop-in classes. As the style of yoga and approach to teaching varies at each center, it's important to give proper thought to your needs before applying. Throughout the day we practice how to meditate and control breathing. A few minutes of yoga during the day has given a great way to get rid of stress that accumulates daily, in both, body and the mind. Yoga postures, Pranayama and meditation are effective techniques to release stress. The practice of yoga stimulates the process of unity of mind, body and soul. Yoga is useful in maintaining physical and mental energy and meditation leads to spiritual peace. Yoga has helped the students in many aspects and visible changes in their behavior and attitude have been observed. Yoga helps them in being disciplined and physically fit.





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